

# HAVING A MARY HEART IN A MARTHA WORLD

## “BOOK-ONLY” STUDY OPTION

### OVERVIEW

Though it is ideal for study participants to have both a copy of *Having a Mary Heart in a Martha World* and the companion study guide in order to get the most out of the DVD-based Bible study, some groups may not be able to afford both.

With that in mind, we have created a “book-only” option to be used with the DVD sessions. Featuring the original study found in the back of each book, the following outline will help you implement the video sessions for a ten-week study or expand to fit the book’s twelve-week format. You’ll find viewer guides on website mentioned below.

Note: “Word Time” videos are short bonus videos for optional use at the beginning of each week to give women additional tools for going deeper in their study of God’s Word. If you want to incorporate the memory verses, a pdf is available on the third DVD or at [www.havingamaryheart.com](http://www.havingamaryheart.com). You’ll find a promo video, posters and flyers as well. While there, check out the Leader’s Guide and Retreat Guide for more ideas.

Each woman will need a copy of:

- *Having a Mary Heart in a Martha World*
- The downloadable study workbook found at [www.havingamaryheart.com](http://www.havingamaryheart.com) placed in a three-ring binder.
- Video viewer guides accessed from a link on that site as well.
- (Optional) Memory verses—full sheet or cut to size on business card stock.

### THE TEN-WEEK FORMAT

In order to use the ten-week format of the DVD Bible study, you will need to combine chapters and question assignments as follows:

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|--------|--|
| WEEK 1 | Handout books and workbooks<br>VIDEO: “Having a Mary Heart in a Martha World”<br>Discuss: Chapter 1 study questions 1 and 2<br>Next week’s assignment:<br>Read chapters 1 and 2<br>Chapter 1 questions 3, 4, and 7<br>Chapter 2 questions 1, 2, 3, 4, 6, and 8 |
| WEEK 2 | WORD TIME: “Memorizing Scripture”<br>VIDEO: “Lord, Don’t You Care?”<br>Next week’s assignment:<br>Read chapter 3<br>Do all chapter 3 study questions   |

- WEEK 3      WORD TIME: “Bible Study Methods”  
 VIDEO: “Freedom from Fear”  
 Next week’s assignment:  
                 Read chapter 4  
                 Do all chapter 4 study questions
- WEEK 4      WORD TIME: “Reading and Marking Your Bible”  
 VIDEO: “Burden Bearer”  
 Next week’s assignment:  
                 Read chapters 5 and 7  
                 Chapter 5 questions 1, 3, 6, and 7  
                 Chapter 7 questions 1, 5, 7, and 8
- WEEK 5      WORD TIME: “Bible Reading Highlights”  
 VIDEO: “Pursued by Love”  
 Next week’s assignment:  
                 Read chapter 6  
                 Do all chapter 6 study questions
- WEEK 6      WORD TIME: “Bible Study Resources”  
 VIDEO: “Compelled by Love”  
 Next week’s assignment:  
                 Read chapter 8  
                 Do all chapter 8 study questions
- WEEK 7      WORD TIME: “Praying God’s Word”  
 VIDEO: “Rewriting History”  
 Next week’s assignment:  
                 Read chapter 9  
                 Do all chapter 9 study questions
- WEEK 8      WORD TIME: “Think Biblically, Live Biblically”  
 VIDEO: “The Beauty of Repentance”  
 Next week’s assignment:  
                 Read chapter 10  
                 Do all chapter 10 study questions
- WEEK 9      WORD TIME: “Worship and the Word”  
 VIDEO: “Loving God Extravagantly”  
 Next week’s assignment:  
                 Read chapters 11 and 12  
                 Chapter 11 questions 1, 3, 4, and 5  
                 Chapter 12 questions 1, 4, 5, and 8

WEEK 10      WORD TIME: “Half-Day of Prayer”  
VIDEO: “Lord of the Process”  
Next week’s assignment:  
    Read chapter 4  
    Do all chapter 4 study questions

### THE TWELVE-WEEK FORMAT

For those who wish to use the book study as it appears in the book, I suggest incorporating the video pieces as follows:

WEEK 1      VIDEO: “Lord, Don’t You Care?”

WEEK 2      WORD TIME: “Memorizing Scripture”  
VIDEO: “Lord, Don’t You Care?”

WEEK 3      WORD TIME: “Bible Study Methods”  
VIDEO: “Freedom from Fear”

WEEK 4      WORD TIME: “Reading and Marking Your Bible”  
VIDEO: “Burden Bearer”

WEEK 5      WORD TIME: “Bible Reading Highlights”  
VIDEO: “Pursued by Love”

WEEK 6      WORD TIME: “Bible Study Resources”  
VIDEO: “Compelled by Love”

WEEK 7      BONUS VIDEO: “Developing a Quiet Time”

WEEK 8      WORD TIME: “Praying God’s Word”  
VIDEO: “Rewriting History”

WEEK 9      WORD TIME: “Think Biblically, Live Biblically”  
VIDEO: “The Beauty of Repentance”

WEEK 10     WORD TIME: “Worship and the Word”  
VIDEO: “Loving God Extravagantly”

WEEK 11     WORD TIME: “Half-Day of Prayer”  
VIDEO: “Lord of the Process”

WEEK 12     Options: Repeat a favorite video –OR– have women spend an hour alone with God followed by a sharing time. Consider closing your study with a Potluck Luncheon.