



OVERVIEW

Because many groups don't have time for a long Bible study, we've created this six-week option to go along with the [Having a Mary Heart in a Martha World: DVD Study](#).

Using the original study found in the back of the book, we've combined the study questions and assigned two chapters a week to be read in the book. If groups hand out the **book** and **downloadable workbook** to participants ahead of time, it's possible to complete the study in six weeks.

This user guide outlines how to use the study along with the six DVD sessions that correspond with the assigned chapters.

Each woman will need a copy of:

- [Having a Mary Heart in a Martha World](#)
- The ["Six-Week Student Workbook"](#) – download, print and place in three-ring binder. Includes video pages as well.
- (Optional) [Memory verses](#)—Choose five or six to work on throughout study. To introduce, watch "Memorizing Scripture" Word Time Video.

Note: "Word Time" videos are short bonus videos that can be added at the beginning of each week to give women additional tools for going deeper in God's Word. Choose which ones fit the needs of your women.

For more resources, go to www.HavingaMaryHeart.com. You'll find a promo video, posters and flyers as well. While there, check out the [Leader's Guide](#) and [Retreat Guide](#) for more ideas.

THE SIX-WEEK FORMAT

To use the six-week format of the DVD Bible study, follow this schedule:

BEFORE Handout books and workbooks
Assignment:
Read chapters 1 and 2
Week 1 homework

- WEEK 1** Discuss: Week 1 homework
VIDEO: “Having a Mary Heart in a Martha World”
(Session 1 on DVD)
Next week’s assignment:
Read chapters 3 and 4
Week 2 homework
- WEEK 2** Discuss Week 2 homework
VIDEO: “Burden Bearer” (Session 4 on DVD)
Next week’s assignment:
Read chapters 5 and 7
Week 3 homework
- WEEK 3** Discuss Week 3 homework
VIDEO: “Pursued by Love” (Session 5 on DVD)
Next week’s assignment:
Read chapter 6 and 8
Week 4 homework
- WEEK 4** Discuss Week 4 homework
VIDEO: “Compelled by Love” (Session 6 on DVD)
Next week’s assignment:
Read chapters 9 and 10
Week 5 homework
- WEEK 5** Discuss Week 5 homework
VIDEO: “The Beauty of Repentance” (Session 8 on DVD)
Next week’s assignment:
Read chapters 11 and 12
Week 6 homework
- WEEK 6** Discuss Week 6 homework
VIDEO: “Lord of the Process” (Session 10 on DVD)
Announce next study
Celebrate finishing well!
Host potluck lunch - optional